Solar Myths and Teachings

The Sun: The Star We Know Best

Character of the Planet: Self, Our Inner Star, Spark of Divinity

Deity: Helios, Apollo

Tuning Fork Properties:

Color: Sunflower Yellow Approximate Musical Note: B Interval with Low Ohm: Solar 7th Intervallic Personality: Masculine, Energizing, Warming, Vitalizing. Zodiacal Rulership: Leo

Related Pathology

Types of Sun Imbalances: Disharmonies of the heart and circulatory system, imbalances of the thymus gland, weakness of the spine and back, lack of sense of self, decrease in body temperature or feeling chilled, significant lack of energy and vitality.

Healing Themes & Archetypal Keywords: Vitality, initiative, individuation, authority, confidence, power, centeredness, radiance, heat, warmth, divine spark, fire of creativity, motivating, self-esteem, self-authority, heart, relationship with spirit and the divine, leadership, and generosity.

Anatomical and Physiological Correspondences: Heart, thymus, spine and back, physical vitality, immunity, spleen, distribution of heat, and the eyes.

Energetics: Defines individuality, integrity and independence. The Sun helps to overcome limiting environmental conditions, and to be in touch with the Divine Seed.