## **Acutonics® I: Sound Gates to Meridian Harmonics**

## Earth



Character of the Planet: Sustenance, nurturance, wholeness

Deity: Gaea

## **Tuning Fork Properties**

Ohm (Fundamental Home Tone): The Earth traveling around the Sun through the seasons in its

365-day yearly orbit.

Color: Gold

Approximate Musical Note: C sharp

Interval with Ohm: Ohm Unison, Ohm Octave Intervallic Personality: Grounding, balancing

Earth Day: The Earth rotating on its axis in a 24 hour cycle

Color: Green

Approximate Musical Note: G

**Interval with Ohm:** Earth Day 5th, generative, tonifying Intervallic Personality: Stimulating, strengthening

Zodiacal Rulership: Our relationship to the whole wheel

Zodiac Earth: The Earth cycling through all signs of the Zodiac in a 25,920 year procession

Color: Purple

Approximate Musical Note: F

**Interval with Ohm:** Zodiac 3rd, relaxing, meditative, sedating, transcendental

Intervallic Personality: Wisdom, experience

Healing Themes and Archetypal Keywords: Grounding, nature, connectedness, sustenance, matter, physicality, mother, food, emotional homework, creativity, challenges of being in physical form, the Earth body energy as a whole, the whole life cycle (birth, life, death, wisdom, and experience).

**Energetics:** Earth represents the ability to be comfortable in the body, and the homework each must do. It gives the balance and sustenance needed to complete life's destiny successfully.

Anatomical and Physiological Correspondences: Body energy as a whole, balance in the body systems.

**Earth Imbalances:** Lack of grounding, overall feeling of imbalance, imbalances of the liver, disharmonies of the sacrum and hips, disharmonies of the legs and feet, low energy, lack of immune function, general deficiency, stagnation, constriction, stress, tension.